

# ISBAR Framework

## Key information to include at handover

- The ISBAR framework represents a standardised approach to communication which can be used for any transition of care.
- ISBAR stands for Identity, Situation, Background, Assessment, Recommendation.

### Identity

- Patient name
- URN (or address if no URN)
- Date of birth

### Situation

- Diagnosis or presentation
- Reason for referral
- Treatment history

### Background

- Relevant past medical history
- Social history
- Patient goals and preferences

### Assessment

- Your assessment of the current situation
- Include relevant clinical information (anthropometry; assessment of weight, muscle mass, muscle strength, muscle function; relevant biochemistry; symptoms)
- Diagnosis of malnutrition and/or sarcopenia (with documentation of severity and duration)
- Current management plan

### Recommendations

- Follow up and actions required by receiving service (explain what you want the staff member to do)
- Future goals/management plan (i.e., survivorship)